

March 2010

MIDDLE SCHOOL LUNCH MENU

Stonington Public School's Nutrition Services

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Patty Sand. Lettuce and Tomato Oven Fries Fruit and yogurt parfait	2 Dr. Seuss Day!!! Green eggs n ham Mini pancakes Tater tots Sizzled ham Fruit or juice	3 Shells with sauce, meat sauce or cheese Wheat Roll Garden salad Fruit	4 Meatball or Stonington Grinder Lettuce and Tomato Baked Doritos Oatmeal cookie Fruit	5 Deluxe Pizza or Cheese Pizza Veggie Dippers Cherry crisp Fruit

Also offering –bone builders, variety of sandwiches, salad, daily specials, and more!

8 Mozzarella sticks Bread Sticks Dipping sauce Veggie dippers Hummus Fruit	9 Rodeo burger on a bun with onion ring Oven fries Condiments Lettuce and tomato Fruit	10 Rotini with sauce, meat sauce or cheese Garlic Bread Tossed Salad Fruit	11 Oven baked chicken Whipped Potato Stuffing Gravy Seasoned vegetable Fruit	12 Pepperoni Pizza or Cheese Pizza Tossed Salad Snack mix Fruit
---	---	--	---	---

Variety of ½ pint low-fat milk is offered with all meals

15 Teriyaki Chicken Dippers Fried rice Dinner roll Seasoned Corn Pineapple chunks	16 Bow tie pasta with sauce, meat sauce or cheese Garlic Bread Tossed Salad Fruit	17 Nachos with seasoned beef Steamed rice Shredded lettuce, tomato & cheese Fruit	18 Personal pan pizza Veggie Dippers Dipping sauce Apple crisp	19 Stonington Grinder Lettuce and Tomato Baked Chips CC cookie Fruit
--	--	--	---	--

-----**March Madness – Crazy menu week!!!**-----

22 Chicken Strips Steamed Rice Dipping sauce Seasoned corn Wheat roll Applesauce	23 Toasted Cheese Sandwich Variety of Soups Fruit Yogurt parfaits	24 Spirals with sauce, meat sauce or cheese Garlic Bread Tossed Salad Fruit	25 Meatball or Stonington Grinder Lettuce and Tomato Fritos corn chips Sugar cookie Fruit	26 Veggie Pizza or Cheese Pizza Tossed Salad Fruit
---	---	---	---	---

No Charging of meals allowed– Menu subject to changes

29 Popcorn Chicken Whipped potatoes Gravy Seasoned vegetables Wheat roll Fruit	30 Beef or Chicken Quesadilla wraps Spanish Rice Shredded lettuce, tomato and cheese fruit	31 Bow tie pasta with sauce, meat sauce or cheese Garlic Bread Tossed Salad Fruit	Daily lunch price - \$2.75 Monthly - \$63.25 Daily breakfast price - \$1.50 Daily milk price - \$.50 Adult lunch - \$3.50
--	---	--	--