

March 2010

HIGH SCHOOL LUNCH MENU

Stonington Public School's Nutrition Services

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Patty Sand. Lettuce and Tomato Oven Fries Fruit and yogurt parfait	2 Brunch 4 lunch Mini pancakes Tater tots Sizzled ham Fruit or juice	3 Assorted calzones Marinara sauce Veggie dippers Fruit	4 Nachos with seasoned beef Steamed rice Shredded lettuce, tomato & cheese Fruit	5 Deluxe Pizza or Cheese Pizza Veggie Dippers Cherry crisp Fruit
Also offering –Salad bar, pasta station, freshly made grinder station, soup, and specials!				
8 Mozzarella sticks Bread Sticks Dipping sauce Veggie dippers Hummus Fruit	9 Rodeo burger on a bun with onion ring Oven fries Condiments Lettuce and tomato Fruit	10 Oven baked chicken Whipped Potato Stuffing Gravy Seasoned vegetable Fruit	11 Beef or Chicken Quesadilla wraps Spanish Rice Shredded lettuce, tomato and cheese fruit	12 Pepperoni Pizza or Cheese Pizza Tossed Salad Snack mix Fruit
Variety of ½ pint low-fat milk is offered with all meals				
15 Teriyaki Chicken Dippers Fried rice Dinner roll Seasoned Corn Pineapple chunks	16 Hot dog on a bun Chili Corn chips Condiments Seasoned Corn Fruit	17 St. Patrick's Day Irish Sheppard's Pie Gravy Dinner Roll Pudding Fruit	18 Nachos with seasoned beef Steamed rice Shredded lettuce, tomato & cheese Fruit	19 Personal pan pizza Veggie Dippers Dipping sauce Apple crisp
Remember to check your child's meal account balance using Payschools!!!				
22 Chicken Strips Steamed Rice Dipping sauce Seasoned corn Wheat roll Applesauce	23 Toasted Cheese Sandwich Variety of Soups Fruit Yogurt parfaits	24 Chicken Pot Pie Wheat Dinner Roll Garden Salad Cherry tart	25 Soft shell beef or chix tacos Steamed rice Shredded lettuce, tomato & cheese Fruit	26 Veggie Pizza or Cheese Pizza Tossed Salad Fruit
<i>No Charging of meals allowed– Menu subject to changes</i>				
29 Popcorn Chicken Whipped potatoes Gravy Seasoned vegetables Wheat roll Fruit	30 Assorted calzones Marinara sauce Veggie dippers Fruit	31 Mozzarella sticks Bread Sticks Dipping sauce Veggie dippers Hummus Fruit	Daily lunch price - \$2.75 Monthly - \$63.25 Daily breakfast price - \$1.50 Daily milk price - \$.50 Adult lunch - \$3.50	